

Ready to Learn



**Daily
Protocols
for Student
Success**

Your products cannot work if you don't use them!

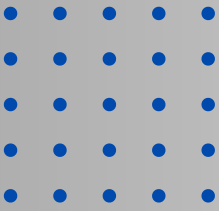
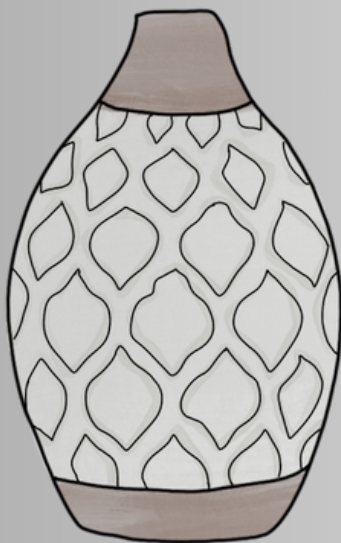


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Introduction

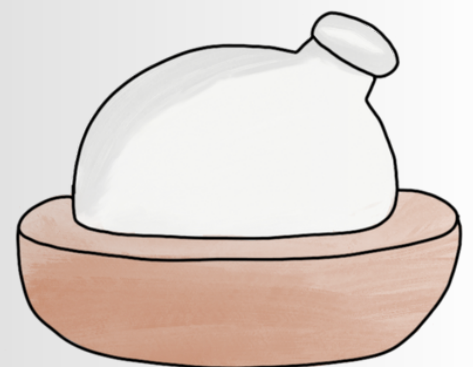
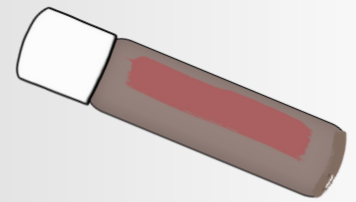
Learning is hard.....for everyone. And everyone has a unique way of obtaining and retaining information.

School age children have many variables that can impact their access to what they are being taught. Setting them up for success is something you can do each and every day to have a positive effect on not only what they learn but also how they feel about learning.

The protocols suggested here give you a place to start. They will provide the blueprint for creating healthy learning habits. Will you need to adjust them along the way? Absolutely! Our bodies are individually unique in every way.

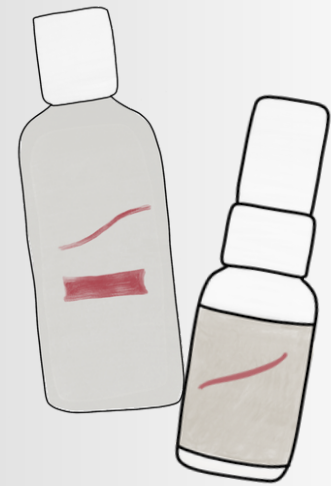
Learning these basics will enable you to confidently modify protocols as needed. You are the gatekeeper of your child's body and mind. Arm yourself with information and products to make that job easier.

Being informed about using essential oils safely is something Young Living takes seriously. I am always here to answer any and all questions you have.



Before School

Mornings can be rough. Not everyone is an energetic early bird! Starting the day off right with a protein rich breakfast, supplements and oils applied topically and diffused is the best way to equip your child for a great day ahead.



Here's What We Do

LET'S CHAT about where to start for you. I'm glad to help create an individual protocol for your needs.

- MightyVites
- MightyZyme
- MightyPro
- Ningxia Red packet
- Kid Power or GeneYus Roller on the wrists
- GeneYus in the diffuser while getting ready
- Thieves spray on tops of heads
- Thieves roller on the bottoms of feet
- R.C. on the chest
- Focus Blend Roller on the back of the neck



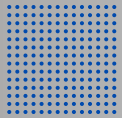
I am always about pressing the easy button. KidScents premade rollers are great for kids to apply themselves and go great in backpacks to take to school. Tools build confidence. Confidence increases engagement. Engagement increases learning.

Keep Thieves Spray and Thieves Hand Sanitizer in their backpack for use while at school.

Fidgets can be used as diffuser jewelry. My favorites can be found on [Amazon](#).

Homework Time

- Fire up that diffuser and get some Peppermint, Cedarwood and Orange going.
- Apply GeneYus to the back of the neck.
- Put KidPower on the wrists.
- Afternoon Snack: Add Ningxia Red, Mindwise, and Ningxia Greens to a smoothie.



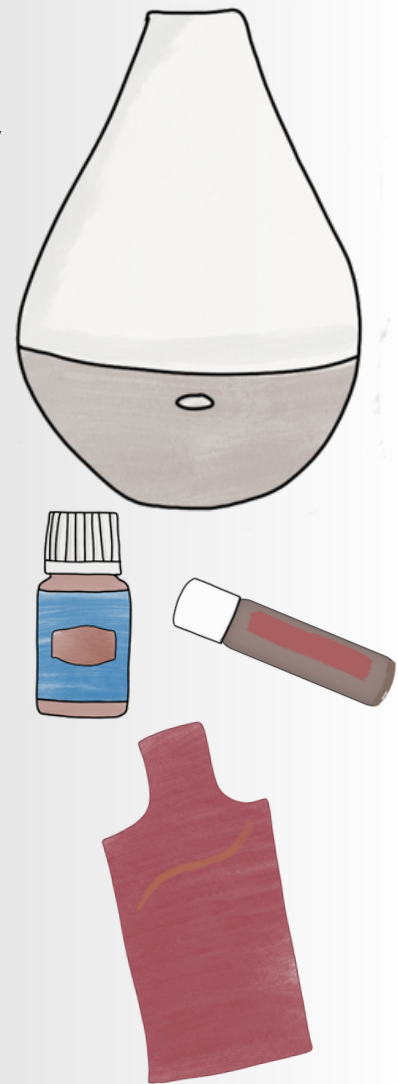
Afternoon Pick Me Up

Kids need breaks before starting homework. Snacks, outdoor time--let them decompress from being "on" all day at school---even the kids who want to just power through--they NEED time to re-set before they re-engage.

Our protocol is in the purple box above. Some kids need a bit more to really dial in. Here are some products that work well as focus helpers for kids with excess wiggles:

- Omegagize
- Nitro

Making the kids an active part of their focus routine is a great way to increase their confidence, develop independence and create healthy habits that will last beyond their school years. Let them load the diffuser, help make the smoothie, apply the oils---they can do it!



After School

Bedtime with triplets has always been about a routine. We found that success came when they knew what to expect. Consistency ---paired with an oil infused routine, has made bedtime our biggest success as parents of triplet boys. Yes, they all slept at the same time and in the same room until they were 12--which meant we slept too!

Here's What We Do

- Night time Showers / Bath with Seedlings Calm Shampoo / Body Wash
- KidScents Unwind
- Diffuser loaded with Grounding, Cedarwood, Melrose, R.C., and a "sleepy oil" of their choice---either Sleepylze, Seedlings Calm, or Peace and Calming
- Seedlings Linen Spray on their pillows right before bedtime

Both the Young Living Seedlings and KidScents lines are designed for babies and children so they are ready to go right as they come.

Young Living's unique Seed To Seal quality commitment make them the only brand I will ever trust for my family.

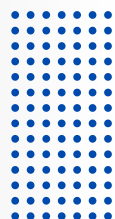


YOUNG LIVING DIFFUSERS



[Learn more about each Young Living Diffuser](#)

Bedtime





Smart Ordering

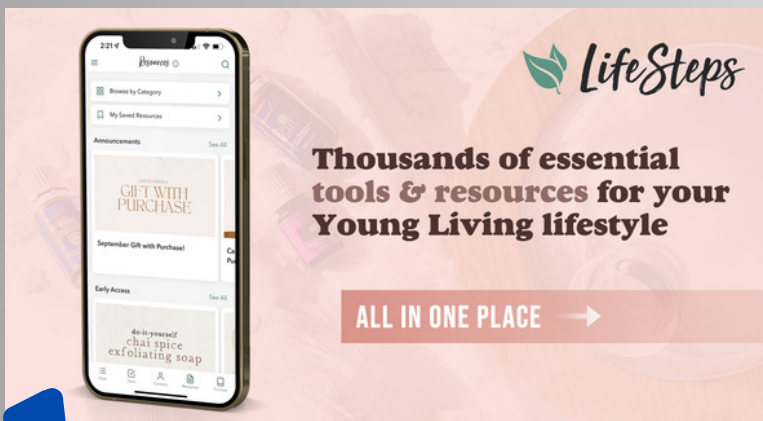
This a A LOT to take in and you're probably feeling overwhelmed---that's OK--100% normal. I've been there. I can talk you through what might be best.


I am looking forward to partnering with you and your child as we align their bodies and minds for learning.

I've created a Product List has everything I mentioned on the previous pages.



Let's figure out how to do this the most cost efficient way. Create your account. Use the Product List to load your cart, then add or remove things as you like.



 Download this free, great resource for all things Young Living.



Loyalty Program

LOYALTY rewards
PERKS & BENEFITS

- 24% DISCOUNT ON PURCHASES**
EARN A 24% DISCOUNT ON ALL PURCHASES, INCLUDING ONE-TIME AND LOYALTY ORDERS.
- EARN LOYALTY POINTS**
EARN LOYALTY POINTS EVERY MONTH YOU PLACE A LOYALTY ORDER OF 50+ PV AND REDEEM THEM FOR PRODUCT PURCHASES.
- FREE GIFTS**
YOU CAN EARN FREE PRODUCTS EVERY THREE MONTHS FOR THE FIRST YEAR WHEN YOU PLACE A LOYALTY ORDER OF 50+ PV EVERY MONTH.
- EARN MORE WITH CONSECUTIVE ORDERS**
THE LONGER YOU PLACE 50+ PV LOYALTY ORDERS, THE MORE LOYALTY POINTS YOU EARN EACH MONTH.

You can start with the oils this month, then dive into supplements the next and add body care products after that--we can do that AND you can earn points to pay for future products along the way.

The Loyalty Program is the way to go! You qualify for a FREE Desert Mist Diffuser, by placing a 2nd consecutive loyalty order of at least 50 PV. It ships with your 2nd order!



**Customizable each month
and you can cancel
any time!**